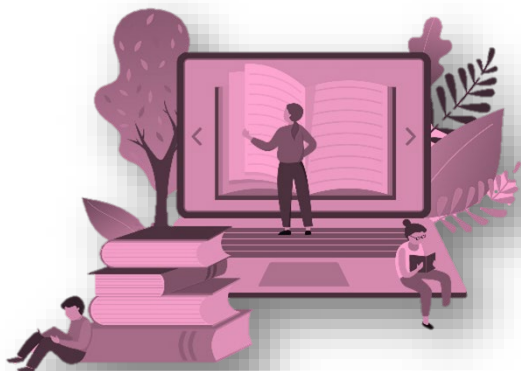


EYFS Bitesize Training



These 1-hour training sessions explore a variety of topics that are specific to Early Years. They are delivered through a trauma-informed lens and will provide attendees with useful strategies and interventions to support children in Early Years settings.

Colleagues in Early Years settings are welcome to book onto one or all of these sessions.

'Ahh there's a bear!'

Wednesday 5th November - 15:30 – 16:30

- * The impact of early trauma
- * Dr Bruce Perry's 5 states
- * Toxic shame and its impact

'999 – what's your emergency?'

Monday 19th January - 15:30 – 16:30

- * How to support a dysregulated child
- * Dr Bruce Perry and Louise Bomber's 4 R's (Regulate, Relate, Reason, Repair)
- * Window Of Tolerance

'You've got a friend in me'

Wednesday 18th March - 15:30 – 16:30

- * Relationship disruption
- * The attuned adult
- * PACE

'The same but different'

Monday 11th May - 15:30 – 16:30

- * Understanding changes
- * Quality transitions
- * Secure base

For further information please visit the [Training and Events](#) section of our [website](#).

Please book via [Services for Education](#)